

JUNE

2025

02 MONDAY	03 TUESDAY	04 WEDNESDAY	05 THURSDAY	06 FRIDAY
30 min workout with Heather @ 2pm 	Make colorful suncatchers all day 	Jam Session with Tyrina at noon Bring your favorite instruments and dancing shoes	World Environment Day! Plaza clean up from 10am – 12pm with lunch and refreshments provided	BBQ 12-3pm Come inside for information on D-Day by Robbie!
09	10	11	12	13
Best Friend Day Party with games 1pm – 3pm 	Make necklace and bracelets 	Pride information session @ 1:30pm put on by Club 90 Members	Junk Journaling at 11am Round table social at 2pm	BBQ 12-3pm Have fun with your Club 90 Friends 
16	17	18	19	20
30 min workout with Heather @ 2pm 	Make Friendship pins @ 2pm 	Jam Session with Tyrina at noon Bring your favorite instruments and dancing shoes	 Junk Journaling at 11am Round table social at 2pm	BBQ 12-3pm Canadian Indigenous Day presentation by Melanie 2pm
23	24	25	26	27
30 min workout with Heather @ 2pm 	Baking with Erica at noon Come and bake some goodies for Annual General Meeting and BBQ	Jam Session with Tyrina at noon Bring your favorite instruments and dancing shoes	All are welcome at 4:30pm at Club 90 for annual meeting 	BBQ 12-3pm Have fun with your Club 90 Friends 
30				
PTSD Awareness Day Presentation by a Veteran at 2pm How he copes with PTSD in everyday life				



2025



Monday 2	Tuesday 3 Free Lunch	Wednesday 4	Thursday 5 Free Lunch	Friday 6 I- CHEF
Supper: Quiche 	Supper: Corn Chicken Rice Bowls 	Supper: Chicken Ceaser Wraps 	Supper: Cheeseburger Soup 	Supper: BBQ  WEATHER PERMITTING
9	10 Free Lunch	11	12 Free Lunch	13 I- CHEF
Supper: Butter chicken with homemade garlic naan 	Supper: Taco Salad 	Supper: Kabobs 	Supper: Fish and Chips 	Supper: BBQ  WEATHER PERMITTING
16	17 Free Lunch	18	19 Free Lunch	20 I- CHEF
Supper: Pizza Day 	Supper: Cold Plate 	Supper: Korean Turkey Bowl 	Supper: Stir Fry 	Supper: BBQ  WEATHER PERMITTING
23	24 Free Lunch	25	26 Free Lunch	27 I-CHEF
Supper: Lasagna 	Supper: French Toast 	Supper: Chicken Chowmein 	Supper at 3 PM Sandwich Bar  AGM at 4:30 PM	Supper: BBQ  WEATHER PERMITTING
30				
Supper: Baked Ham Cheese Croissants with Homemade Tomato Soup 	<p>If any member wants to cook in the month of July, they can give their recipes to Ajay by 20th June.</p> <p>We have our Annual General Meeting on the 26th of June, starting at 4:30 PM, so if any member wants to attend, please sign up by 13th June.</p>			