



If you need help finding services

Call 705-848-2109

www.eastalgomaconnects.com

Mental Health by Area

Thessalon & First Nation	Health/N'Mninoeyaa - - - - - 705-842-2670 Counseling, Algoma East, Sault Area Hospital - - - - - - - - - - 705-759-6684
Iron Bridge	Counseling/Treatment, Counseling Centre of East Algoma - - - - - 705-848-2585 Counseling and Treatment, East Algoma Mental Health Clinic: Health Science North- - 705-848-9131
Algoma Mills	Counseling/Treatment, Counseling Centre of East Algoma - - - - - 705-848-2585 Counseling and Treatment, East Algoma Mental Health Clinic: Health Science North- - 705-848-9131
Spragge	Counseling/Treatment, Counseling Centre of East Algoma - - - - - 705-848-2585 Counseling and Treatment, East Algoma Mental Health Clinic: Health Science North- - 705-848-9131
Elliot Lake	Counseling/Treatment, Counseling Centre of East Algoma - - - - - 705-848-2585 Counseling and Treatment, East Algoma Mental Health Clinic: Health Science North- - 705-848-9131 Drop-in Centre, Club 90 - - - - - 705-848-2879 Drop-in, Anchor Club- - - - - 705-461-6418
Blind River & Mississauga First Nation	Counseling/Treatment, Counseling Centre of East Algoma - - - - - 705-848-2585 Anishnabe Naadmaagi Gamig - - - - - 705-356-1681 Substance Abuse - - - - - 1-877-356-1681 N'Mninoeyaa/Health - - - - - 705-356-1621 Counseling and Treatment, East Algoma Mental Health Clinic: Health Science North- - 705-848-9131
Serpent River & First Nation	Counseling/Treatment, Counseling Centre of East Algoma - - - - - 705-848-2585 N'Mninoeyaa/Health - - - - - 705-844-2021 Counseling, Kenabutch Family Centre - - - - - - - - - - 705-844-2021 Counseling and Treatment, East Algoma Mental Health Clinic: Health Science North- - 705-848-9131
Spanish	Counseling/Treatment, Counseling Centre of East Algoma - - - - - 705-848-2585 Health/N'Mninoeyaa - - - - - 705-844-2021X311 Counseling and Treatment, East Algoma Mental Health Clinic: Health Science North- - 705-848-9131 Counseling, Kenabutch Family Centre - 705-844-2021

Mental Health Helplines

Advocacy for the civil and human rights of psychiatric patients - - - - - 1-800-578-2343
Crisis Response, Mobile (day) ----- 705-848-2585
 (24 hours) - - - - - 1-800-721-0077
 Developmental Disability & Serious Mental Illness, Dual Diagnosis - - - - - 1-855-366-1466
 Eating Disorder Info - - - - - 1-866-633-4220
 Info/Referral for Adults with Developmental Disabilities - - - - - 1-855-376-6673
 TTY - - - - - 1-866-323-7784
 Kid's Helpline - - - - - 1-800-268-3062
 Peer Support, Public Safety Personnel - - - - -
 - - - - - 1-888-288-8036
 Post-Secondary Students: Good To Talk - - - - -
 - - - - - 1-866-925-5454
 Pre-Crisis - Warmline - - - - - 1-866-856-9276
 Mental Health Helplines - - - - - 1-866-531-2600
 Mental Health Worker - North Shore Tribal Council - - - - - 1-877-633-7558
 Mood Disorders - - - - - 1-888-486-8236
 Schizophrenia Info/Support - - - 1-800-449-6367
 Talk 4 Healing, Aboriginal Women's- - - - -
 - - - - - 1-855-554-4325

EAST-ALGOMA CONNECTS
705-848-2109

Mental Health Services AVAILABLE TO ALL OF EAST-ALGOMA

Family, Child/Youth Mental Health, Algoma
 Family Services - - - - - 705-848-0790
 Community Mental Health Support Services, Algoma Public Health
 Thessalon --- 705-942-4646; 1-877-748-2314
 (B.R.) - - - - - 705-356-2551
 (E.L.) - - - - - 705-848-2314
 Consumer/Survivor Initiative - - - - 705-461-3912
 Counseling, Hearing Society - - - - - 705-848-5306
 North Shore - - - - - 1-855-819-9169
 Developmental Disabilities Support, Community Living Algoma - 705-848-2475; 1-800-385-7235
 Seniors' Mental Health- - - - - 705-848-2800

Addiction Helplines

Al-Anon/Alateen Groups - - - - - 1-800-344-2666
 A.A. 24 Hr Volunteer , (E.L.) - - - - - 705-461-3150
 Cocaine Anonymous - - - - - 1-866-622-4636
 Drug & Alcohol Helpline- - - - - 1-800-565-8603
 Life Ring - - - - - 1-888-920-2095
 Narcotics Anonymous - - - - - 1-888-811-3887
 Ontario Problem Gambling- - - - - 1-888-230-3505
 Sexaholics Anonymous - - - - - 1-416-410-7622
 Smoker's Helpline - - - - - 1-877-513-5333
 Start a Peer-Support Group - - - - - 1-888-283-8806

Addiction Services AVAILABLE TO ALL OF EAST-ALGOMA

Alcohol/Drug Assessment - - - 705-848-2314/1-877-748-2314
 Detox, Oaks - - - - - 705-461-4508
 Niigaaniin First Nation Addictions Services Initiative;
 Financial Support, Employment Assistance - - - - -
 Mississauga - - - - - 705-356-1621 x2235
 Serpent River - - - - - 705-844-2009
 Thessalon - - - - - 705-842-2323
 Treatment, Camillus Centre - - - - - 705-461-4508
 Treatment, Methadone - - - - - 705-461-4508
 Treatment, Youth Substances - - - - - 705-461-4508
 Sault office - - - - - 1-800-461-2237
 Treatment- - - - - 705-356-1681
 Outside of Blind River - - - - - 1-877-356-1681

Addictions by Area

Counseling/Treatment, Counseling Centre of East Algoma - - - - - 705-848-2585 A.A. - - - - - 705-461-3150	Elliot Lake
Counseling/Treatment, Counseling Centre of East Algoma - - - - - 705-848-2585 A.A., Closed - - - - - 705-461-3150	Iron Bridge
Counseling/Treatment, Counseling Centre of East Algoma - - - - - 705-848-2585 Anishnabe Naadmaagi Gamig - - - - - 705-356-1681 Substance Abuse - - - - - 1-877-356-1681 A.A. B.R. - - - - - 705-356-2992 A.A., Closed, M.F.N. - - - - - 705-461-3150	Blind River & Mississauga First Nation

Algoma Information & Referral

1-855-366-1466



For changes or Error reporting:

info@nscss.com or

Call 705-848-2109

Revised May 25, 2021



Medical Helplines		Education & Legal Helplines		Housing, Food & Money Helplines		Clothing & Worship by Area	
Doctor, get one ----- 1-800-445-1822 Info Line, Parent - Child -----1-888-537-5741 Mother Risk, Pregnancy ----- 1-877-439-2744 Medical Alarm Subscriber -----1-800-667-8019 Ontario Poison Centre ----- 1-800-268-9017 Telehealth Ontario ----- 1-866-797-0000 TTY -----1-866-797-0007		Complaint Public Service, Ombudsman Ontario -----1-800-263-1830 Court Support, Mental Illness/Addictions/ Intellectual Disabilities ----- 1-855-366-1466 Legal Aid Ontario, for low-income people --- 1-800-668-8258; TTY: ----1-866-641-8867 North Shore Legal Clinic ----- 1-800-465-2479 Victims of Crime Support ----- 1-888-579-2888		Assaulted Women Helpline -1-866-863-0511 TTY ----- 1-866-863-7868 Ontario Disability Support Program, Income & Employment -----1-800-825-7593 Sault----- 705-253-2001 Service Canada -----1-800-622-6232 Service Ontario ----- 1-800-267-8097 TTY ----- 1-800-268-7095 Women's Shelter, APO - WAY - A - IN WIG AMIN ----- 1-800-461-2232 Women's Shelter, Maplegate House for Women----- 1-800-461-4623 March of Dimes -----705-848-4840		<i>Thessalon & Thessalon First Nation</i> Church of Christ -----705-842-3340 Bible Chapel ----- 705-842-1888 Zion United ----- 705-842-2304 Little Rapids United----- 705-842-2304 Saint Ambrose Church --- - 705-842-2042	
Medical by Area		Education & Legal AVAILABLE TO All OF EAST-ALGOMA		Housing, Food & Money AVAILABLE TO ALL OF EAST-ALGOMA		<i>Iron Bridge</i> Bellingham United -----705-843-0882 Iron Bridge United ----- 705-843-0882 Iron Bridge Adventist -----705-843-2398 Gospel Fellowship --- -----705-843-2630	
<i>Iron Bridge</i> Family Health Team -----705-356-1666		Court Support, Mental Illness/Addictions/ Intellectual Disabilities----- 1-855-366-1466 Legal Clinic, North Shore ----- ----- 705-461-3935/ 1-800-465-2479 Probation & Parole - 18+: (E.L.) ----- 705-848-7091 (S.S.M.) -----705-253-1182 Probation and Parole for 17, under - Youth Justice Services ----- - 1-866-296-3432 (E.L.) 705-848-6922; (S.S.M.) - 705-256-3034 Safe Sex, Free Protection ----- 705-848-2314 -----1-877-748-2314 Victim/Witness Assistance ----- 705-848-8266 Sault ----- 705-946-6567 -----705-945-5400/ 1-800-267-0754		Pregnant, Need Food? Sault -----705-942-4646 Elliot Lake ----- 705-848-2314 Blind River -----705-356-2551 Algoma District Services Administration Board (ADSAB) Elliot Lake ----- 705-848-7153 Thessalon -----705-842-5808 Blind River -----705-356-2263 Other ----- 1-888-326-3133 X 231 Canadian Tire, Jump Start ----- 705-848-3663 Aboriginal Housing Services, Ontario Property Management ---- 1-800-492-1605 Ontario Disability Support Program, Income & Employment ----- 705-253-2001 Elliot Lake Age Friendly Grocery Delivery Service ----- 705-849-0970		<i>Blind River & Mississauga First Nation</i> Paroisse Sainte-Famille ---- 705-356-7270 Calvary Gospel ----- 705-356-1066 Immanuel Baptist -----705-356-1771 Blessed Kateri Parish ----- 705-356-7591 St. James The Greater ----- 705-356-7591 St. Andrews United ----- 705-356-9860 St. Saviour's Anglican ----- 705-356-2502 Thrift, S.A.D. ----- 705-461-7806 Thrift, St. Vincent De Paul-- - 705-461-1355	
<i>Algoma Mills</i> - Health Team ---- 705-356-1666		School Boards: French Catholic----- 705-673-5626 French Public----- 705-671-1533 English Public ----- 705-848-3661 English Catholic -----705-945-5400 <i>*Please Call School Boards for Adult Education</i>		Housing, Food & Money by Area		<i>Spragge</i> Spragge Bible Chapel ----- 705-849-2327	
<i>Spanish</i> Medical Clinic -----705-844-2263 Kenabutch Health Centre -----705-844-2152		<i>Elliot Lake</i> Algoma Public Health -----705-848-2314 Family Health Team ----- 705-461-8882 Hospital ----- 705-848-7182 Shoppers Drug Mart -----705-848-7125 Rexall Pharmacy ----- 705-848-2451 Freitag's Pharmacy ----- 705-848-1026 Pharma Choice ----- 705-848-0004 Pharmacy, No Frills -----705-461-6299		<i>Elliot Lake</i> Soup kitchen & drop-in -----705-848-5316 Women's Shelter ----- 705-461-9868 Food Bank----- 705-461-3663		<i>Elliot Lake</i> Thrift, S.A.D. ----- 705-461-7806 Thrift, St. Vincent De Paul-- 705-461-1355 Thrift Salvation Army ----- 705-848-2417 St. Peter's Anglican ----- 705-848-2512 Gospel Lighthouse ----- 705-461-1801 Faith Lutheran ----- 705-848-0209 First Baptist ----- 705-848-7171 Holy Trinity ----- 705-848-3560 Our Lady of Fatima -----705-848-3350 Jehovah's Witness ----- 705-848-6902 New Life Pentecostal-----705-848-3333 Gentle Shepherd ----- 705-848-8569 The Salvation Army --- ---705-848-5316 Grace Christian Centre - --- 705-848-1249	
Education & Legal by Area		<i>Thessalon & First Nation</i> Public Library ----- 705-842-2306		<i>Thessalon & Thessalon First Nation</i> Food Bank -----705-842-0831		<i>Spanish, Food Bank</i> ----- 705-844-2723	
<i>Iron Bridge</i> - Public Library -----705-843-2192		<i>Serpent River & Serpent River First Nation</i> Courthouse ----- 705-848-2383 Court, Ontario Family ----- 705-848-2023 Court, Youth Criminal ----- 705-848-2500		<i>Blind River & Mississauga First Nation</i> Women's Shelter ----- 705-356-7142 Food Bank ----- (705)-576-2077 Food Bank First Nation ----- 705-356-1621		<i>Spragge, Food Bank</i> -----See Blind River's	
<i>Blind River & Mississauga First Nation</i> Public Library ----- 705-356-7616 First Nation Library ----- 705-356-1621 X2305 Courthouse -----705-848-2383		<i>Spanish</i> Courthouse -----705-848-2383 Court, Ontario Family ----- 705-848-2023 Court, Youth Criminal -----705-848-2500 Public Library ----- 705-844-2555					
<i>Elliot Lake</i> Courthouse ----- 705-848-2383 Court, Ontario Family -----705-848-2023 Court, Youth Criminal ----- 705-848-2500 N.C. Literacy Council ----- 705-578-3200 Library ----- 705-848-2287 X 2800							