### **Community Resources in your hands**

Community incommed in y	our manab
Community Supports	Phone Number
Algoma Family Services	(705) 848 0709
Algoma Public Health (APH)	(705) 848 2314
Psychiatric Case Manager (CMHA)	(705) 849-4115
Alcoholics Anonymous (AA)	(705) 461 3150
Al Anon Family Group	1-888-425-2666
Algoma District Services Administration Board	(705) 848 7153
Camillus Centre	(705) 848 7182
Centre Victoria pour Femmes	(705) 461-6120
City of Elliot Lake	(705) 848 2287
Community Care Access Centre (CCAC)	(705) 461-9329
Community Living Algoma (CLA)	(705) 848 2475
Counselling Centre of East Algoma (CCEA)	(705) 848 2585
	(DAYTIME CRISIS)
East Algoma Mental Health (EAMHC)	(705) 848 9131
Elliot Lake Food Bank	(705) 461 3663
Elliot Lake Family Health Team	(705) 461 8882
Hospital	(705) 848 7181
Larry's Place (Men's Shelter)	1-705-989-5600
March of Dimes	(705) 848 4840
Maplegate House for Women	(705) 461 9868
North Shore Legal Clinic	(705) 461 3935
North Shore Literacy Council	(705) 578 3200
Non-Emergency OPP	(705) 848 6975
Oaks Centre (Detox)	(705) 848 2129
ODSP and Ontario Works	(705) 848 7153
Salvation Army	(705) 848 2417
Supportive Independent Living	(705) 461 9561
CCEA After Hours Crisis Support WARM LINE	1-800-721-007 1-866-856-927



Hear Hear !!!

Club 90 's

### **Annual Christmas Dinner**

December 21st and December 22nd at 12 Noon and 3p.m. each day.

Members can bring a guest, please call/sign up by December 15/21 to reserve time & seat.

705-848-2879

Please Colour me!!



#### Wishing a VERY Happy Birthday to:

Robert, Nathalie, James, Edwin, Chester, Chris, Rolly & Craig

This disclaimer informs readers that the views, thoughts, and opinions expressed in Stepping Stones belong solely to the author, and not necessarily reflect Club 90's and/or North Shore Community Support Services, Inc . opinion.

Stepping Stones, 10 Paris Drive, Unit 6, Elliot Lake, ON, P5A 2L9 Tel:705-848-2879

### **Sherry's Artwork**

2

Sherry enjoys bringing Christmas cheer to the clubhouse by colouring Christmas pictures and helping to decorate.





Victor is an iChef member and has come up with his own ad for the Program! He hopes that you will join the program too!

**Call Tammy at 705-848-2879** 



Counselling Centre of East Algoma



Centre de counseling d'Algoma Est

Providing professional counselling services in our Elliot Lake
Office and Blind River Offices.

Crisis services are available 365 days a year through our partnership with Sault Area Hospital's Mobile Crisis Program.

Elliot Lake Office: 9 Oakland Blvd., Suite 2 Elliot Lake, ON P5A 2T1 705.848.2585

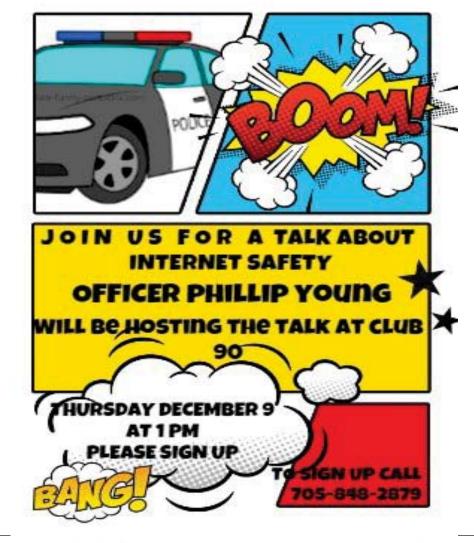
**Blind River Office:** 

# Available by phone

705.848.2585

# AFTER HOURS CRISIS NUMBER

1-800-721-0077



### **East Algoma Connects**

Local resources at your fingertips

Did you know that we have a great resource at our fingertips that can help you find the services that we offer in Elliot Lake and surrounding communities? Whether you're looking for addictions services, mental heath services or more, this info bank will have you pinpoint the service closest to you in an instant! The various petals offer you information on where to get food, go for education, health care and what helplines to access. Visit East Algoma Connects at www.eastalgomaconnects.com or download or app for free on your cellphone! You can also call our information referral line at (705) 848-2109.



Available on:



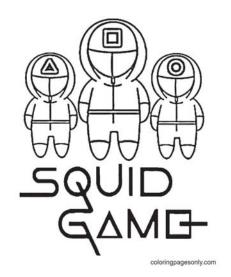




### **Doge Reviews: Squid Games**

For those seeking out a television series filled to the brink with exhilarating components such as mystery, suspense, and captivating characters, Squid Game may be the perfect masterpiece to binge watch in your free time. The story takes place around a group of characters, all facing financial ruin, who have been elected to play in a series of children's games for an impressive cash prize. However, they soon learn the deadly stakes surrounding their gameplay. As a Survival/Thriller/Horror/Drama from South Korea, because of its combination of dark themes, various types of mature subject matter and generally sombre mood at some parts, this show is definitely intended for adult audiences. Alongside its pattern of heartwarming moments, and breathtaking storyline, the profound ideas and events that have brought many questions to light within the minds of those watching can resonate to its viewers, an entire array of thoughts and feelings. It is implied the next season will likely be released late 2022 or 2023. This time, the director, Hwang Dong-hyuk, has plans to share the production with a team of experienced writers and directors rather than singlehandedly handle the scriptwriting/planning process himself "I don't have well-developed plans for Squid Game 2. It is quite tiring just thinking

about it. But if I were to do it, I would certainly not do it alone. I'd consider using a writers room and would want multiple experienced directors." he said in an earlier interview. As such, with Squid Game becoming a huge global success and recently being confirmed for a season 2 renewal on Netflix, it can assumed with certainty that the show will satisfy and exceed the expectations of fans anticipating its arrival all over the world. -Fan-





Député Algoma-Manitoulin



## From our kitchen

# **Toasted Ravioli**

#### **INGREDIENTS**

2 large eggs

1/2 c. milk

1 c. Italian bread crumbs

1/4 c. freshly grated Parmesan cheese, plus more for serving

Kosher salt

Freshly ground black pepper

1 lb. frozen ravioli

Marinara, warmed (for serving)

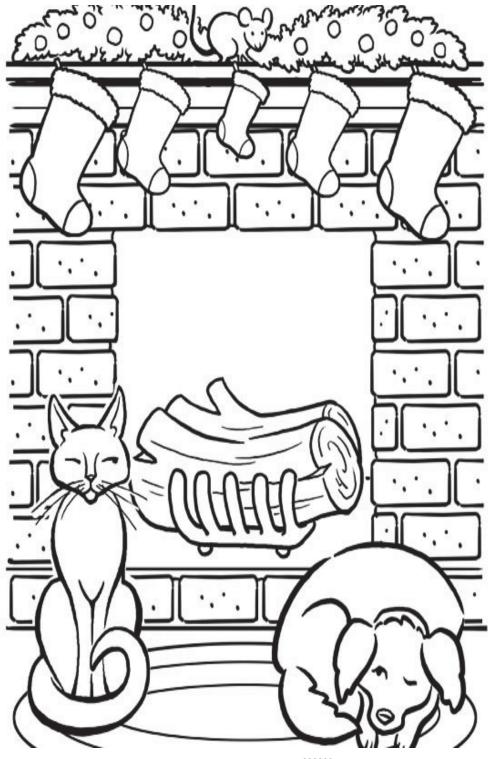
Vegetable oil, for frying

Marinara, sauce for serving

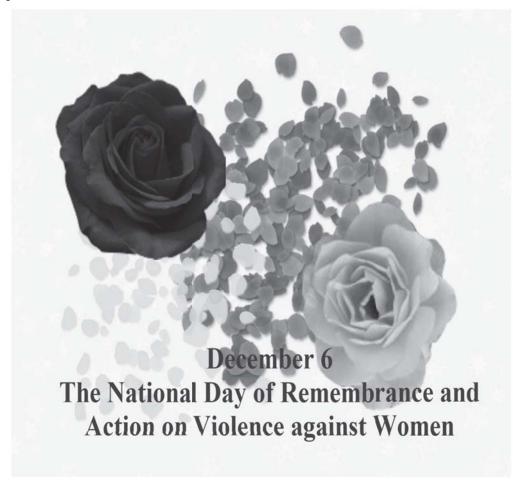


- 1. Line a large baking sheet with parchment. In a shallow bowl, whisk together eggs and milk. In another shallow bowl, combine bread crumbs and Parmesan. Season with salt and pepper.
- 2. Working one at a time, dip ravioli in egg mixture then in bread crumbs, pressing to coat. Place on prepared baking sheet. Freeze until solid, 30 minutes.
- 3. In a large pot over medium heat, heat 2" oil until shimmering (about 365°). Working in batches, fry ravioli until golden and pasta is cooked through, 3 to 4 minutes, flipping as necessary. Place on a paper towel lined plate and immediately sprinkle with more Parmesan.
- 4. Serve warm with marinara for dipping.





PLEASE COLOUR ME !!!!!!



It has been 31 years since the tragic mass shooting at l'École Polytechnique de Montréal (December 6, 1989) that saw the promising lives of 14 young women cut violently short. This senseless act of targeted violence shook our country and led Parliament to designate December 6 as The National Day of Remembrance and Action on Violence against Women.

On December 6, we remember **Geneviève Bergeron**, **Hélène Colgan**, **Nathalie Croteau**, **Barbara Daigneault**, **Anne-Marie Edward**, **Maud Haviernick**, **Maryse Laganière**, **Maryse Leclair**, **Anne-Marie Lemay**, **Sonia Pelletier**, **Michèle Richard**, **Annie St-Arneault**, **Annie Turcotte**, and **Barbara Klucznik-Widajewicz**.



New Business? Looking to Expand Operations? Need support for a Community Event? Let ELNOS partner with you!

#### Who we are?

ELNOS is a not-for-profit organization created as a result of the mine closures in the early 90s to stimulate economic growththrough new business development, business expansion or diversification, and investment in the region

> ELNOS serves business in our 5 communities:

Blind River, Elliot Lake, Serpent River First Nations, Spanish and Township of the North Shore.

#### How Can We Help You?

ELNOS can provide business counselling and finance options to help you develop and grow your business. We understand the common problems experienced by growing businesses, but also the unique challenges faced in the region.

ELNOS can provide various loan and investment options for your business. We can also provide financial and administrative support for various community events.

For more information, visit our website at www.elnos.com

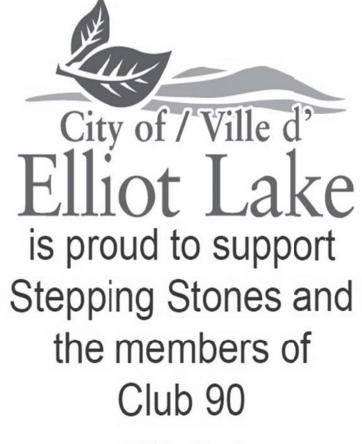
> 31 Nova Scotia Walk, Suite 306 Elliot Lake, ON P5A 1Y9 705-848-0229/1-800-256-7299

Proud supporter of the Club 90 program

# H&R BLOCK

"With almost 1,000 locations across the country, you don't have to travel far to find expert tax service. Our offices have been redesigned for safe filing with plexiglass dividers, hand





www.Elliotlake.ca 705-848-2287

fb.com/cityelliotlake

# Club 90: APP of the month Ripp

FOOD BANK

Get the weekly flyers at your fingertips with the *Flipp* app. Grocery stores are beginning to remove weekly flyers from being delivered. This app allows you to continue to see what the upcoming deals are, as well as give you alerts to any coupons that may be available. You can also use a desktop version at <a href="https://flipp.com/flyers">https://flipp.com/flyers</a>.



### Elliot Lake Emergency Food Bank

NEW Location: 29 Columbia Walk
OPEN
MONDAY-WEDNESDAY-FRIDAY
10 A.M. TO 12 P.M. & 1 P.M. TO 3 P.M.

#### WAYS TO DONATE:

- Use Drop boxes at various Stores.
- Drop off your food or monies at the Food Bank,



PHONE



JAM with us on Monday & come and win at BINGO on Tuesday

Have a safe journey into a

